FREE TEMPLATE

SOAP Progress Note

CLINICAL DOCUMENTATION

TherapyStack

Clinician	Client Name & DOB	Date of Session

Subjective

What the client reports — their experience in their own words, symptoms, feelings, recent events, and history since last session.

Objective

What you observed — client presentation, mental status, affect, behaviors, and any measurable data from session.

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Assessment

Your clinical interpretation — impression, progress toward treatment-plan goals, and risk indicators.

Plan

Next steps before the next session — homework, treatment-plan adjustments, referrals, and date of next session.

CLINICIAN SIGNATURE & CREDENTIALS

DATE SIGNED

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